The Hat Trick Program™

So, are you wondering what possible “hat tricks” would be a good fit for this special event? And remember, we are using the Merriam-Webster definition of a hat trick as

“A series of three victories, successes, or related accomplishments.”

What follows is just a partial list from which you could choose (or just use these ideas as a prompting mechanism). All of these are scenarios of what you could accomplish and achieve by December 29, 2010 by being part of the Hat Trick Program™. I have included ones that I generated from listening to everyone around me as well as ones that were submitted to me when I asked the question, “What would you like to have finished by the end of 2010?” See if you recognize some of these for yourself or can imagine yourself completing a hat trick and accomplishing what you want to in one of these areas:

- **writing hat trick** - a writing hat trick has MANY aspects that could make for an amazing set of victories, successes, and accomplishments.

- **calendar hat trick** - you need to create and maintain a calendar that works for you and supports you in your quest for excellence and sanity.

- **money issue hat trick** - oh my, how many possibilities might you explore here in the personal or professional realm?

- **business planning hat trick** – from someone who is ready to get going: “I would like to complete my plan for an at home business, have the necessary studio area setup and functioning, and get my online presence established. I want to be able to quit my present job by February.”

- **exercise or health hat trick** - I heard from one person that she would like to complete a full 8 weeks of yoga, which she started and didn’t finish.

- **records management hat trick** - and this one sounds VERY doable and will provide amazing relief for the person who sent it in: “I have had a records management project that has been looming over my head for a couple of years. There are times during the year when I work hot and heavy on it and then I have to wait for people in the departments to go over the reports I have generated and get back to me. Our particular company has had issues with audits and our legal department has never had a set retention schedule for fear of being audited and not conforming to our own rules, therefore, up until a few years ago, shortly after I began, has there been any significant work done in this area or any records destroyed. I am not sure what my block in getting this task done, except the obvious real variables that do get in the way, but I would really like to have my brain wrapped around this project by the end of the year. I do some reporting about where I am with it, but it is rather ambiguous and I give sort of arbitrary information on my reports. I just don’t feel confident or that I entirely have perspective on the project.”
• **closet hat trick** - are there three closets that have needed to be “refreshed” for months (or years) and now it’s going to be the season to actually get this done for your hat trick?

• **website hat trick** - you may already have a domain name, you may already have a partially-done website, or you may have an old and outdated website. Are you in need of a hat trick for your website?

• **program or product hat trick** - a therapist indicated that she wants to create a relationship support program for ALL couples. You may have your own programs or products that you want to create.

• **de-cluttering hat trick** - do you have mental, physical, emotional de-cluttering that you want to accomplish? Or is it money de-cluttering that needs to happen? The options are endless.

• **photo-organizing hat trick** – someone sent me this hope: “I would love to finish editing my vacation photos from China and create a photo book. I took over 3,000 pictures and have whittled them down to 2,000. I really need to do this, it has been 11 months since I returned.”

• **reading hat trick** - Is it time to read three books and implement what you learn in them? Or do you need to increase your reading speed and comprehension? What possibilities around reading and learning could you planfully accomplish between now and the end of December?

• **shopping hat trick** - it is the holiday season coming up and maybe you know you need a new plan and an accountability partner to support the plan.

• **research hat trick** - is tenure dependent on whether you get your research done? Or, has your company fallen behind because you aren’t getting market research done? There are hat tricks in this category for many professions.

• **remodeling hat trick** - regardless of whether you have a bathroom, a laundry room, a guest room, a break room, or an office that want to remodel, you could consider this to be your hat trick project.

• **computer hat trick** – it doesn’t matter whether your computer has become almost unusable because of the junk that’s on there or because it is ancient, you may have a hat trick waiting to be scored. Or, maybe your computer has become completely disorganized and frustrating because of the structure of your hard drive. Or maybe....

• **grading hat trick** - teachers and professors are forever grading and at this time of year, it can really pile up. Maybe you not only want to move smoothly through your grading between now and the end of the semester, but you also want a plan to keep it more manageable in the future.

• **to-do list hat trick** - is your to-do list the picture of always-growing, never-done list-making? That gets old in a hurry. Set an intention to do a 3-part makeover of this situation.
• **project planning hat trick** - maybe it is time for you to grab one of your projects that you truly want to accomplish and figure out the 3 components that will allow you to do so by December 29th. It’s possible, you know.

• **course planning hat trick** - regardless of whether you are a trainer, teacher, professor, or Sunday school instructor, you have courses to plan. How would it feel to have yours completed by the end of December? GRRRREAT, as Tony the Tiger would say!

• **family commitment hat trick** - our families; can’t live with ‘em, can’t live without ‘em - at least that’s how it feels sometimes. Do you have commitments you have made to one or more family members and you aren’t sure how you’re going to live up to those commitments? It may be time for a hat trick!

• **yard project hat trick** - as someone wrote to me, “I want to have a new fence put up in our front yard!!”

• **learning hat trick** - is there something you have been wanting to learn, but have put off for so long that you’ve almost given up...except you REALLY want to learn this system, program, skill, technique, or ______. I’d say a hat trick is called for here!

• **office organization hat trick** – As someone wrote to me about her plan for the hat trick program, “I would love to have a completely organized office.” I am imagining people deciding to establish an office that is set up for peaceful, predictable productivity. Delicious!!

• **health maintenance hat trick** – does this sound familiar at all? “This might seem like a relatively small goal (and it’s one from my personal life – not, my work life), but it’s something I’ve been thinking about for a while. I also celebrated a milestone birthday this year (50). I received a letter from my doctor/clinic in APRIL suggesting that I schedule a routine physical to be combined with or followed by several tests. It seemed like a major thing for some reason, so the routine physical with my general practice doctor has not happened yet. However, when I found & re-read the letter, I realized that I have actually scheduled and had several of the routine tests already this year as part of usual practices! So, there are not too many things left on the list to take care (or at least consider & make a decision about). So my goal is to schedule the routine physical with my general practice doctor within the next week and discuss/decide upon the remaining tests at my visit with him (and then conclude all testing before the end of the year).”

• **What is it for YOU that would feel positively marvelous to achieve, complete, accomplish, fulfill, close out, polish off, wrap up, carry out, or clear up?**